



Art of Money
Sampler

BY BARI TESSLER

THE Art OF Money

A YEAR-LONG MONEY SCHOOL

We want every money decision you make to feel good, clear, and empowered. That's why we're giving you a (big) taste of the program. So you can make decide whether it's right for you or not. Enjoy!

WHAT YOU ACCESS IN EACH MODULE

Each month, we begin a fresh Module Mission. This is the theme for the module and has its own page in your private members area (a site you log into, away from the hubbub of Facebook and the rest of the online world). The Module Mission includes:

- The module's theme
- Audio teachings from me
- PDF Worksheets
- Guest Teacher recordings
- Additional resources in the digital library.

You also receive a weekly email from us – the Weekly Love notes. These emails cheerlead you through the program, highlight mini-themes, and point you towards specific materials.

As an Art of Money member, you also get access to LIVE, Q&A Group Coaching calls with me each month – this is your chance to ask questions and get laser coaching.

A TASTE OF EACH OF THE 3 PHASES

OVERVIEW OF THE ART OF MONEY METHODOLOGY

[DOWNLOAD CLIP HERE](#)

#1: MONEY HEALING: WHAT DOES YOUR BODY HAVE TO SAY ABOUT MONEY?

This clip includes my favorite beginning tool, The Body Check-In.

[DOWNLOAD CLIP HERE](#)

#2: MONEY PRACTICES: VALUES-BASED BOOKKEEPING: A TOOL FOR RE-NAMING.

Here's why this deceptively simple tool - shifting what you call your spending/earning/debt categories - can be so powerful.

[DOWNLOAD CLIP HERE](#)

#3: MONEY MAPS: RESISTANCE TO BUDGETS

Don't worry...I really don't like using the "B" word! (I won't make you use a budget!) Here's what we do, instead...

Plus this is an example of one of the (many) PDF worksheets you get access to in our private members' area. We've poured a lotta love into creating supportive materials to help you walk through this rich, life-changing content, one baby step at a time.

[DOWNLOAD WORKBOOK HERE](#)

ADDITIONAL SAMPLE MATERIALS

GUEST TEACHER CALL

Here's a short clip from a longer Guest Teacher Call with Tad Hargrave:

[DOWNLOAD WHAT TO DO WHEN CASH FLOW DIPS](#)

OFFICE HOURS WITH BARI CALLS

Each month there will be LIVE 2-hour call with me (via conference line). In these calls, I give teachings and reflections, answer questions that have come in, and offer live, laser coaching and Q&A. Here are some short clips so you can see what these calls are like. (And they're always recorded, so you can listen even if you can't make it live.)

[DOWNLOAD COACHING CALL CLIP 1](#)

[DOWNLOAD COACHING CALL CLIP 2](#)

[DOWNLOAD COACHING CALL CLIP 3](#)

[DOWNLOAD COACHING CALL CLIP 4](#)

WEEKLY EMAIL LOVE NOTES

Each Friday, we'll send you an extra tip, tool, or encouragement. Here are two examples, one from our Money Healing phase and one from our Money Maps phase.

[MONEY HEALING PHASE WEEKLY LOVE](#)

[MONEY MAPS PHASE WEEKLY LOVE](#)



WANT MORE?

We've got you covered. Remember: we're all about conscious money decisions, so we want you to feel 100% clear and empowered as you decide whether [The Art of Money](#) is right for you. Here are three more resources to help you get even more clarity:

The (fabulous, humongous) Art of Money [FAQ page](#). Chances are if you've got a question ... you'll find the answer here.

**HEAD BACK TO THE ART OF MONEY PROGRAM PAGE
BY [CLICKING HERE](#).**